

HOW TO EDUCATE YOURSELF AS AN ALLY

"Allyship is not an identity. Allyship is a moment-by-moment doing. We are all momentary allies. We aren't broadly allies all the time. Allyship is not a noun...Allyship is a verb." (Zerandrian S. Morris)

A critical step in allyship is education. As White or non-Black allies it is your responsibility to do the work by educating yourself, understanding the identities that you hold and the privileges they afford you, knowing the space you take up, as well as actively and continuously engaging in anti-racist actions.

Below is a list of resources to begin or continue the on-going process of education, growth, and allyship.

1 BOOKS TO READ

1. **HOW TO BE AN ANTIRACIST** - BY IBRAM X. KENDI
2. **ME AND WHITE SUPREMACY** - BY LAYLA F. SAAD
3. **WHITE FRAGILITY** - BY DR. ROBIN DIANGELO
4. **SO YOU WANT TO TALK ABOUT RACE** - BY IJEOMA OLU

2 ARTICLES TO READ

1. 75 THINGS WHITE PEOPLE CAN DO FOR RACIAL JUSTICE
2. THE PLAYERS TRIBUNE
3. SHOWING UP FOR RACIAL JUSTICE EDUCATIONAL TOOLKITS
4. WHY IS THIS HAPPENING - AN INTRO TO POLICE BRUTALITY FROM 100 YEAR HOODIE

3 VIDEOS TO WATCH

1. **TED TALK: HOW TO DECONSTRUCT RACISM ONE HEADLINE AT A TIME** - BY BARATUNDE THURSTON
2. **TED TALK: HOW STUDYING PRIVILEGE SYSTEMS CAN STRENGTHEN COMPASSION** - BY PEGGY MCINTOSH
3. **TWITTER: DEAR WHITE PEOPLE** - BY EMMANUEL ACHO
4. **YOUTUBE: CODE SWITCH** - BY NPR

4 PODCASTS TO LISTEN TO

1. **INTERSECTIONALITY MATTERS** - KIMBERLE CRENSHAW
2. **POD SAVE THE PEOPLE** - CROOKED MEDIA
3. **OUR NATIONAL CONVERSATION ABOUT CONVERSATIONS ABOUT RACE** - PANOPLY

5 PEOPLE TO FOLLOW ON SOCIAL

RACHEL CARGLE	(@RACHEL.CARGLE)
THE GREAT UNLEARN	(@THEGREATUNLEARN)
LAYLA SAAD	(@LAYLAFSAAD)
IBRAM X. KENDI	(@IBRAMXK)
THE CONSCIOUS KID	(@THECONSCIOUSKID)
BRITTANY PACKNETT	(@MSPACKYETTI)
RACHEL RICKETTS	(@IAMRACHELRICKETTS)
DR. CANDICE NICOLE	(@DR.CANDICENICOLE)
THE PLAYERS TRIBUNE	(@PLAYERSTRIBUNE)