6 Steps to Prepare for the MCAT® Exam

1. Get insight, tips, and valuable guidance.
The Official Guide to the MCAT® Exam is a great way to get started. Get the Third Edition if you plan to take the MCAT exam in 2014. You'll get 146 questions not found on practice tests, insights on preparing for the exam, current data on scores, and more. [aamc.org/officialmcatguide](aamc.org/officialmcatguide)

2. Discover what to expect on the MCAT® exam.
Visit the MCAT website for a wealth of information to help you prepare, including FREE content outlines and MCAT® Essentials, test dates and registration deadlines. [aamc.org/mcat](aamc.org/mcat)

3. Take a practice test to get a baseline score.
Begin your preparation by taking a FREE e-MCAT Practice Test under simulated test conditions. This score gives you a baseline that allows you to track your progress. [aamc.org/freemcatpractice](aamc.org/freemcatpractice)

4. Target your studies.
Discover your strengths and weaknesses to help create a smart study plan with The Official MCAT® Self-Assessment Package. [aamc.org/mcatsap](aamc.org/mcatsap)

5. Study.
Use the results of your self-assessment to target your weaknesses and reinforce your strengths during test preparation.

6. Practice more!
AAMC's e-MCAT Practice Tests are full-length exams with questions from previously administered MCAT exams. Take additional practice tests to compare to your baseline score. [aamc.org/mcatpracticetests](aamc.org/mcatpracticetests)

Sign up for special offers and updates on AAMC pre-med resources at: [www.offers.aamc.org/mcat-updates](www.offers.aamc.org/mcat-updates)

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Aspiring Docs
aamc.org/aspiringdocs
You'll discover resources on the Aspiring Docs website to help you figure out all the basics, including how to shadow a doctor, apply to medical school, make the most of your gap year, and more.

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MSAR® (Medical School Admission Requirements)
aamc.org/msar
Two great resources from MSAR® are:
- MSAR® Getting Started: Guidebook packed with key info on how to choose the right medical school, how to apply, how admission decisions are made, and more.
- MSAR® Online: One-year subscription to this powerful online database allows you to browse, search, sort, and compare data on U.S. and Canadian Medical Schools and B.S./M.D. programs. Updated annually, it is the only comprehensive source of accurate data on medical school admission requirements on the market.

FIRST (Financial Information, Resources, Services, and Tools)
aamc.org/first
Free resources to help you understand your financing options:
- Medloans® Organizer and Calculator: FREE calculator specifically designed for medical students at AAMC member schools.
- Financial Aid Survival Kit for Applicants: Includes Fact Sheets and podcasts on paying for medical school.
- Education Debt Manager for Entering Students: A guide that includes common sense strategies for managing student loan debt.

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