# Requirements for a major in Community Health and Wellness

## Core:

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Description</th>
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<tbody>
<tr>
<td>HLSC 301</td>
<td>The American Health Care System</td>
<td>301: The American Health Care System explores the major themes and issues of health care in the US including health care policy, finance, risk management and quality improvement, government regulations, and the insurance industry. (3 hr.)</td>
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<tr>
<td>HLSC 304</td>
<td>Statistics for the Health Sciences</td>
<td>304: Statistics for the Health Sciences is designed to provide the foundations of statistics with special application for students in the health sciences. Topics include both descriptive and inferential statistics, probability theory and research design. Emphasis is placed on understanding how statistics are used by health practitioners and interpreting the results. (3 hr.)</td>
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<tr>
<td>HLSC 307</td>
<td>Health Communication and Promotion</td>
<td>307: Health Communication and Promotion provides a basic overview of the role communication plays in shaping health promotion and disease prevention messages to individuals, groups and the general public. The role of mass media in health communication and promotion will be explored. Goals and strategies of health promotion will be reviewed along with evaluation activities. Students will be expected to identify a specific population and develop a health promotion project for that group. (3 hr.)</td>
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<tr>
<td>HLSC 406</td>
<td>Legal Issues in Health Care</td>
<td>406: Legal Issues in Health Care provides a basic understanding of healthcare law. Essential components of healthcare law will be addressed in accordance with how the law impacts the health system from a strategic and operational perspective. Students will have the opportunity to analyze and discuss specific cases that pertain to the topics covered. Best practice strategies for the prevention and management of legal claims will be provided. (3 hr.)</td>
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<tr>
<td>HLSC 495</td>
<td>Seminar in Health Science</td>
<td>495: Seminar in Health Science is a capstone course for students completing any of the Health Science majors. Students will engage in an in-depth research study or practicum that links together their general course work, their specialized training and their clinical experience. The topic will be selected in consultation with the supervising faculty member. Prerequisite: permission of department chair. (3 hr.)</td>
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<tr>
<td>PHIL 305</td>
<td>Biomedical Ethics</td>
<td>305. Biomedical Ethics explores moral issues relating to medicine and biology. Examples of issues considered include euthanasia, genetic engineering,</td>
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disabilities, and allocation of healthcare resources. Students will explore arguments about these issues using the concepts and principles of ethical theory. (3 hr.)

Choose 4 of the following:

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<tr>
<td>HLSC 312</td>
<td>Social Gerontology</td>
<td>Provides an overview of the processes of aging. Emphasis is placed on 'typical' aspects of aging from three perspectives: the aging individual, social context of aging, and societal responses to an aging population. (3 hr.)</td>
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<tr>
<td>HLSC 315</td>
<td>Public Health and Epidemiology</td>
<td>Provides an overview of the basic principles of public health and their application to the development of activities that benefit the health status of populations. Concepts of epidemiology, biostatistics, health care planning and policy development and assessment are also examined. (3 hr.)</td>
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<tr>
<td>HLTH 345</td>
<td>Personal Health</td>
<td>Studies the health problems and concerns of young adults in America today. Topics of study will include stress management, emotional health, chemical dependency, sexual responsibility, physical fitness, heart disease, cancer, and communicable diseases. The primary focus will be on prevention, with students being encouraged to make lifestyle choices conducive to lifelong wellness. (3 hr.)</td>
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<tr>
<td>HLTH 365</td>
<td>School and Community Health</td>
<td>Studies health problems affecting entire communities and school settings, with particular focus on environmental issues, communicable disease control, and the risks of community living. The course will also serve to show how community and school action can work together to solve health problems. Special emphasis is placed on the role of public health agencies in health promotion and disease prevention. (3 hr.)</td>
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<tr>
<td>HLTH 380</td>
<td>Health Issues and Programs</td>
<td>Provides both on and off campus based experiences in the area of health promotion. Practical experience in a health agency in a variety of health settings will be provided. In addition, solutions to real and current health issues will be investigated in this course. (3 hr.)</td>
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<tr>
<td>PSYC 308</td>
<td>Adolescence and Youth</td>
<td>Examines the period of adolescence within a sociocultural context. Emphasis is placed upon research that is concerned with current challenges and social problems. A</td>
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<tr>
<td>PSYC 309</td>
<td>Adulthood and Aging</td>
<td>309. Adulthood and Aging examines the biological, social, personality, and cognitive changes that occur during adulthood and later years of the human life span. The continuation of development processes in maturity is emphasized. Twelve hours of volunteer work in a nursing home or another program is required. Prerequisite: 101, one additional psychology class. (3 hr.)</td>
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<tr>
<td>SOCI 320</td>
<td>Racial and Cultural Minorities</td>
<td>320. Racial and Cultural Minorities examines the way in which certain groups in society are defined as minorities and subjected to discrimination. The social-psychological, historical, cultural, and sociological sources of prejudice and discrimination are covered as well as the dynamics of change in relations between dominant and minority groups. Prerequisite: 101. (3 hr.)</td>
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<tr>
<td>SOCI 345</td>
<td>Sociology of the Family</td>
<td>345. Sociology of the Family examines the various forms and functions of the family in the United States as well as other cultures. The developmental cycle of the family is followed through mate-selection, marriage, parenthood, and old age. Family change is also analyzed by covering such topics as industrialization and sex roles. Prerequisite: 101. (3 hr.)</td>
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